

TABLE OF CONTENTS

APPROVAL OF RESEARCH.....	ii
APPROVAL OF EXAMINATION	iii
DECLARATION OF ORIGINALITY	iv
MOTTOS AND DEDICATION	v
ABSTRACT.....	vi
ABSTRAK	vii
ACKNOWLEDGEMENTS.....	viii
TABLE OF CONTENTS.....	xii
LIST OF TABLES	xv
LIST OF FIGURES	xvi
APPENDIX LIST.....	xvii
CHAPTER I.....	1
1.1 RESEARCH BACKGROUD	1
1.2 RESEARCH PROBLEMS	7
1.3 RESEARCH OBJECTIVES	8
1.4 RESEARCH BENEFITS	8
1.5 RESEARCH WRITING SYSTEM.....	9
CHAPTER II	11
2.1 THEORETICAL BASIS	11
2.1.1 Dual-Career Couples (DCC)	11
2.1.2 Work-Life Balance (WLB)	14
2.1.3 Work-Life Balance for Dual-Career Couples	25
2.1.4 Work From Home (WFH).....	25
2.1.5 Work From Home for Dual-Career Couples.....	34
2.1.6 Work From Home on Work-Life Balance	35
2.2 PREVIOUS RESEARCH	36
2.3 CONCEPTUAL FRAMEWORK	39

CHAPTER III	41
3.1 TYPES OF RESEARCH	41
3.2 FOCUS OF RESEARCH.....	42
3.3 DATA SOURCES.....	42
3.4 SAMPLE DATA.....	43
3.5 DATA COLLECTING METHOD	44
3.5.1 In-depth Interview Method	44
3.5.2 Documentation Method.....	45
3.6 DATA PROCESSING TECHNIQUE	45
3.7 DATA VALIDATION.....	46
3.7.1 Triangulation	46
3.7.2 Member Checking.....	46
3.8 EVALUATIVE CRITERIA.....	47
3.8.1 Credibility	47
3.8.2 Transferability	47
3.8.3 Dependability	47
3.8.4 Confirmability	48
CHAPTER IV.....	49
4.1 RESOURCE PEOPLE DESCRIPTION	49
4.1.1 Age	51
4.1.2 Sex.....	51
4.1.3 Occupation	52
4.1.4 Number of Children	53
4.2 RESEARCH RESULT	53
4.2.1 First Dual-Career Couple (DCC1)	54
4.2.2 Second Dual-Career Couple (DCC2).....	66
4.2.3 Third Dual-Career Couple (DCC3).....	79
4.2.4 Fourth Dual-Career Couple (DCC4).....	91
4.2.5 Fifth Dual-Career Couple (DCC5).....	101
4.3 RESEARCH DISCUSSION.....	111

4.3.1 Research Question 1: How do dual-career couples in Indonesia manage the work-life balance due to working from home during the COVID-19 pandemic?	111
4.3.2 Research Question 2: What are the challenges faced by dual-career couples in Indonesia due to working from home during the COVID-19 pandemic?.....	118
4.3.3 Research Question 3: What are the benefits got by dual-career couples in Indonesia due to working from home during the COVID-19 pandemic?.....	124
CHAPTER V	129
5.1 CONCLUSION	129
5.2 IMPLICATION	131
5.2.1 Theoretical Implication	131
5.2.2 Practical Implication	132
5.3 LIMITATION	132
5.4 FUTURE RESEARCH AGENDA	133
REFERENCES.....	134