REFERENCES

- Abele, Andrea & Volmer, Judith. (2011). *Dual-Career Couples: Specific Challenges* for Work-Life Integration. Creating Balance? International Perspectives on the Work-Life Integration of Professionals. https://doi.org/10.1007/978-3-642-16199-5
- Arija, H. H., & Perdhana, M. S. (2021). *The Challenge of Working from Home for Dual Career Couples Java Ethnic*. International Journal of Economics, Business and Accounting Research (IJEBAR); Vol 5, No 4 (2021): IJEBAR: Vol. 05, Issue 04, December 2021; 2614-1280; 2622-4771. https://jurnal.stie-aas.ac.id/index.php/IJEBAR/article/view/3919
- Aryee, S., & Luk, V. (1996). Balancing Two Major Parts of Adult Life Experience: Work and Family Identity Among Dual-Earner Couples. Human Relations.
- Baruch, Y. (2003). The Status of Research on Teleworking and An Agenda for Future Research. International Journal of Management Reviews. https://doi.org/10.1111/1468-2370.00058
- Bhumika, B. (2020). Challenges for Work–Life Balance During COVID-19 Induced Nationwide Lockdown: Exploring Gender Difference in Emotional Exhaustion in The Indian Setting. Gender in Management: An International Journal. https://doi.org/10.1108/GM-06-2020-0163
- Black, K. (2010). Business Statistics: Contemporary Decision-Making 6th Edition. John Wiley & Sons.
- Bogdan, Robert & Taylor, Steven. (1998). Introduction to Qualitative Research Methods 3rd Edition. Wiley.

- Boye K. (2014). *Dual-Earner Couples/Dual-Career Couples*. In: Michalos A.C. (eds) Encyclopedia of Quality of Life and Well-Being Research. Springer, Dordrecht. https://doi.org/10.1007/978-94-007-0753-5_784
- Caligiuri, P., & De Cieri, H. (2021). *Predictors of Employees' Preference for Working from Home Post-Pandemic*. Business and Economic Research. https://doi.org/10.5296/ber.v11i2.18411
- Creswell, John W. (2014). *Research Design, Qualitatives, Quantitative, and Mixed Methods Approaches 4th Edition*. United State of America: Sage Publications.
- Crosbie, Tracey & Moore, Jeanne. (2004). *Work-Life Balance and Working from Home*. Social Policy and Society. https://doi.org/10.1017/S1474746404001733
- Donnelly, Noelle & Proctor-Thomson, Sarah. (2015). Disrupted Work: Home-Based Teleworking (HbTW) in The Aftermath of a Natural Disaster. Change Management & Organizational Behavior eJournal. https://ssrn.com/abstract=2583246
- Elloy, D.F. and Smith, C.R. (2003). Patterns of Stress, Work-Family Conflict, Role Conflict, Role Ambiguity and Overload among Dual-Career and Single Career Couples: An Australian Study. Cross Cultural Management. https://doi.org/10.1108/13527600310797531
- Gerson, K. (1993). No Man's Land: Men's Changing Commitments to Family and Work. New York: Basic Books.
- Greenhaus, Jeffrey & Beutell, Nicholas. (1985). *Source of Conflict Between Work and Family Roles*. The Academy of Management Review. https://doi.org/10.76-88.10.2307/258214.

- Greenhaus, Jeffrey & Collins, Karen & Shaw, Jason. (2003). *The Relation Between Work-Family Balance and Quality of Life*. Journal of Vocational Behavior. https://doi.org/10.1016/S0001-8791(02)00042-8
- Greer, Tomika & Payne, Stephanie. (2014). Overcoming Telework Challenges:

 Outcomes of Successful Telework Strategies. The Psychologist-Manager

 Journal. https://doi.org/10.1037/mgr0000014
- Hamilton, E. (2002). *Bringing Work Home: Advantages and Challenges of Telecommuting*. Chestnut Hill, MA: The Center for Work & Family.
- Hayman, Jeremy. (2005). Psychometric Assessment of an Instrument Designed to Measure Work Life Balance. Research and Practice in Human Resource Management.
- Hochschild, A. (1997). *The Time Bind*. WorkingUSA. https://doi.org/10.1111/j.1743-4580.1997.tb00019.x
- Hudson. (2005). *The Case for Work-Life Balance*. Australia: Hudson Highland Group.
- Hutcheson, P. (2012) Work-Life Balance. IEEE-USA, USA.
- Jhilam Rudra De. (2017). Dual Career Couples in Kolkata and Their Stressful Work

 Life Balance. International Journal Of Research -Granthaalayah.

 https://doi.org/10.5281/zenodo.439574
- Jick, Todd & Mitz, Linda. (1986). Sex Differences in Work Stress. Journal of Library Administration. https://doi.org/10.1300/J111V07N01_11

- Kalliath, Thomas & Brough, Paula. (2008). *Work-Life Balance: A Review of The Meaning of The Balance Construct*. Journal of Management & Organization. https://doi.org/10.5172/jmo.837.14.3.323
- Kaufman, Gayle; Taniguchi, Hiromi (2021): Working from Home and Changes in Work Characteristics during COVID-19. SAGE Journals Collection. https://doi.org/10.25384/SAGE.c.5679573.v1
- Klopotek, M. (2017). The Advantages and Disadvantages of Working Remotely from the Perspective of Young Employees. Research Papers in Economics.
- Kurland, Nancy & Bailey, Diane. (1999). *Telework: The Advantages and Challenges of Working Here, There, Anywhere, and Anytime*. Organizational Dynamics. https://doi.org/10.1016/S0090-2616(00)80016-9
- Lee, Trevor & Ma, Xiyue. (2019). *Identity and Border Setting: A Qualitative Study of Homeworkers in China*. Social Transformations in Chinese Societies. https://doi.org/10.1108/stics-12-2018-0018
- Lenaghan, Janet & Buda, Richard & Eisner, Alan. (2007). An Examination of Emotional Intelligence in the Balance Between Work and Family. Journal of Managerial Issues.
- Lester, S. (1999). *Technology's Effect on Work-Life Balance*. Journal of European Industrial Training.
- Lucchini, Mario & Saraceno, Chiara & Schizzerotto, Antonio. (2007). *Dual-Earner* and *Dual-Career Couples in Contemporary Italy*. Zeitschrift für Familienforschung. https://doi.org/10.20377/jfr-283
- Manning, T. R. I. M., Submitted, A. T., Partial, I. N., Of, F., Degree, T. H. E., & Arts, M. O. F. (1996). *Managing a Household and a Career*. July.

- McCrae, R. R., & Costa, P. T. (2003). Personality in Adulthood. Guilford Pr.
- Neault, Roberta & Pickerell, Deirdre. (2005). *Dual-Career Couples: The Juggling Act*. Canadian Journal of Counselling and Psychotherapy.
- Nydegger, Rudy & Nydegger, Liesl. (2010). *Challenges In Managing Virtual Teams*. Journal of Business & Economics Research (JBER). https://doi.org/10.19030/jber.v8i3.690
- Palumbo, R. (2020). Let me go to the office! An Investigation into The Side Effects of Working From Home on Work-Life Balance. International Journal of Public Sector Management. https://doi.org/10.1108/IJPSM-06-2020-0150
- Parasuraman, S., & Simmers, C.A. (2001). Type of Employment, Work–Family Conflict and Well-Being: A Comparative Study. Journal of Organizational Behavior.
- Petriglieri, J. (2019, November 1). *How Dual-Career Couples Make It Work*. Life Science Leader. Retrieved July 27, 2021, from https://hbr.org/2019/09/how-dual-career-couples-make-it-work
- Petriglieri, J. (2020, March 27). *How Dual-Career Couples Can Work Through The Coronavirus Crisis*. Harvard Business Review. Retrieved July 29, 2021, from https://hbr.org/2020/03/how-dual-career-couples-can-work-through-the-coronavirus-crisis
- Poulose, S., & Sudarsan, N. (2014). *Work Life Balance: A Conceptual Review*. International Journal of Advances in Management and Economics.
- Rapoport, Rhona & Rapoport, Robert. (1969). *The Dual Career Family: A Variant Pattern and Social Change*. Human Relations. https://doi.org/10.1177/001872676902200101

- Ryff, Carol & Keyes, Corey. (1995). *The Structure of Psychological Well-Being Revisited*. Journal of Personality and Social Psychology. https://doi.org/10.1037/0022-3514.69.4.719.
- Tausig, Mark & Fenwick, Rudy. (2001). Unbinding Time: Alternate Work Schedules and Work-Life Balance. Journal of Family and Economic Issues. 22.101-119. 10.1023/A:1016626028720.
- Tremblay, Diane-Gabrielle & Thomsin, Laurence. (2012). *Telework and Mobile Working: Analysis of Its Benefits and Drawbacks*. International Journal of Work Innovation. https://doi.org/10.1504/IJWI.2012.047995
- Vyas, Lina & Butakhieo, Nantapong (2021). The Impact of Working From Home during COVID-19 on Work and Life Domains: An Exploratory Study on Hong Kong. Policy Design and Practice. https://doi.org/10.1080/25741292.2020.1863560
- Wang, Ying & Wang, Xiangyu & Yung, Ping & Jun, Guo. (2013). *Engagement of Facilities Management in Design Stage through BIM: Framework and a Case Study*. Advances in Civil Engineering. https://doi.org/10.1155/2013/189105
- Yin, R. K. (2011). Qualitative Research from Start to Finish. New York: Guilford.