

ABSTRACT

Work From Home is a way almost every kind of organizations and companies take in order to maintain their productivity during COVID-19 pandemic. This research studies bank industry by using a set of data gained from 150 respondents that consist of workers from various banks in Indonesia. Results found that workers that are doing their work from home have relatively high level of work-life balance. In addition, when their work-life balance is high, their job satisfaction is also positively influenced. It is also found that a good balance of work and life can mediate the influence of work from home to job satisfaction.

Keywords: *Work from Home, COVID-19, Job Satisfaction, Work-life Balance*