

ABSTRACT

A company must be able to well-manage its human resource for human resources is one of the important factors in the realization of good performance for the succes of a company. The things that must be considered in order to produce a good performance are the workload, job stress and motivation. This study intends to explore the influence of workload, job stress and motivation on performance.

This research was done to the nurses of Amino Gondohutomo Hospital, Province of Central Java with 69 respondents as the population sample. The methods of collecting data are questionnaires, interviews and literature study. This research uses the simple regression analysis.

The results of this study are: 1) Workload has negative effects on the job performance, 2) Job stress also has negative effects on the job performance and 3) Motivation has significant positive effects on the job performance.

Keywords: Workload, Job Stress, Motivation, Job Performance